

Shredded Chicken Soba Noodle Recipe

Ingredients:

150 g Soba (buckwheat noodle)

85 g chicken meat

1 baby cucumber

1 egg

Seasoning:

2 cups dried bonito stock

1/4 teaspoon salt

1 teaspoon Mirin (sweet rice wine)

1 teaspoon soy sauce

Method:

Boil chicken meat until done, then shred it after cooling down; beat egg in a bowl, then pan fry and shred; wash cucumber and cut into 2-inch strips. Boil stock with all seasoning and toss in Soba, dish out in a bamboo container, arrange all shredded ingredients on top, then pour in the soup and serve.

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