Japanese Chunky Cold Adzuki Cake Recipe

Ingredients:

14 oz (400 g) chunky adzuki bean paste ½ cup sugar a pinch of salt ½ kanten (agar-agar or jelly) stick (½ oz or 4 g) 1½ cups water

Method:

Soak kanten in plenty of water overnight or until softened. Squeeze water from kanten, then tear into pieces. Put the pieces in a saucepan with $1\frac{1}{2}$ cups water. Simmer until kanten dissolves, stirring constantly. Stir in sugar and salt, then pour into a bowl through a strainer or sieve. Add adzuki bean paste, mixing well. Cool down over a bowl of ice water, stirring. Moisten the inside of a square mould $(5"x5^{3}/4")$ with water and pour the kanten mixture into the mould. Chill until set for about 2 hours, then cut into cubes to serve.

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