Fresh Carrot and Cucumber Salad Recipe

Ingredients:

- 1 carrot
- 2 cucumbers
- 2 tablespoons white sugar
- 80 ml white vinegar (preferably rice vinegar)

Method:

Peel vegetables and cut into matchsticks or any other shape you prefer. Mix sugar and 1 teaspoon salt into vegetables, crushing and bruising to release flavor. Add vinegar and 1 cup water. Check seasoning, making sure sweet and sour are balanced. Refrigerate for up to 1 week.

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